

## Time Table for Grade-II : 2020-21

Timings		Daily Schedule
1	06:00 - 07:30am	Wake up time
2	07:30 - 07:45am	Brushing teeth & drinking lukewarm water. Keep a bowl of water to the birds in the balcony.
3	07:45 - 08:45am	Physical Activities : <b>(New videos will be uploaded in school website)</b>
4	08:45 - 09:00am	Bath time
5	09:00 - 09:30am	Breakfast (After having breakfast place the plate in the wash basin)
6	09:30 - 10:00am	Washing vegetables & help mom wherever required
7	10:00 - 11:00am	<b>Study Hour:</b> Reinforcement of Video Lessons link: <a href="https://www.pragathicentralschool.com/vid_les_1/2.html">https://www.pragathicentralschool.com/vid_les_1/2.html</a> <a href="https://www.pragathicentralschool.com/vid_les/2.html">https://www.pragathicentralschool.com/vid_les/2.html</a> Complete the given projects eng/math/evs/II lang: <a href="https://www.pragathicentralschool.com/hhw_2020/2/2.pdf">https://www.pragathicentralschool.com/hhw_2020/2/2.pdf</a>
8	11:00 - 11:30am	Prepare & have lemonade at 11:00am
9	11:30am-12:30pm	TV Time / Play Time
10	12:30- 01:30pm	Lunch time – No, TV / Gadgets while having lunch. (Help mom in arranging the plates & after having lunch place your plate in the wash basin)
11	1:30 - 3:30pm	Nap time (Compulsory)
12	03:30 - 04:00pm	Daily Chores (Arranging the Utensils, Folding their clothes, Arranging Books, News Papers & Toys in a proper place.
13	04:00 - 04:30pm	Learn Mother Tongue and practice 5 new words using non dominant hand
14	04:30 - 05:00pm	Music time: <ul style="list-style-type: none"> <li>• We shall overcome <a href="https://www.youtube.com/watch?v=MM5_XvpFsvU">https://www.youtube.com/watch?v=MM5_XvpFsvU</a></li> <li>• Wash your hands <a href="https://www.youtube.com/watch?v=kmNHn3uj_pA&amp;feature=youtu.be">https://www.youtube.com/watch?v=kmNHn3uj_pA&amp;feature=youtu.be</a></li> </ul>
15	05:00 - 05:15pm	Watering Plants
16	05:15 - 06:30pm	Dance -Video <b>(New Videos will be uploaded in school website)</b>
17	06:30 - 07:30pm	<b>Areas of Continuous Learning:</b> <ol style="list-style-type: none"> <li>1. How to be good and active listeners</li> <li>2. Cucumber Salad</li> <li>3. Commonly mispronounced English words</li> </ol>
18	07:30 - 08:00pm	Dinner time (Help mom in arranging the plates & after having dinner place your plate in the wash basin).
19	08:00 - 08:45pm	Family time
20	8:45 to 9:00 pm	Brushing
21	9:00pm	Bed time

**Note :Dear Parent, make sure that your child completes the projects and worksheets.**

